### **CONFESSIONS OF A SHOPAHOLIC**



Grade Level 10-12



#### "ACTIVE LEARNING TOOL"

Original Source: Tracey Newman, Family Consumer Sciences, Ste. Genevieve High School, Ste. Genevieve, MO Time to complete: 149 minutes (104 minutes for the movie and 45 minutes for additional work)

#### NATIONAL CONTENT STANDARDS

Family and Consumer Science Standards: 1.1.3, 1.1.4, 1.1.6, 1.2.1, 1.2.2, 1.2.3, 1.2.3, 1.2.6, 1.2.8, 2.1.1, 2.1.2, 2.1.4, 2.5.1, 2.5.3, 2.6.1, 2.6.3, 3.2.6, 3.3.1, 3.3.3, 3.3.5, 3.3.6, 3.5.2, 3.5.3, 3.5.6

National Council of Economic Education Teaching Standards:

National Standards for Business Education:

- Career Development: I.A.2, I.A.3, I.B.1, I.B.2, III.A.2, III.B.3
- Economics:
- Personal Finance: I.1, I.2, II.1, II.2, V.I

#### **OBJECTIVES**

Upon completion of this lesson, participants will be able to:

- Understand how financial decisions made can affect other areas of life.
- Explain how a desired standard of living relates to the choices made within a career path.
- Examine personal needs and wants in relation to choices in life.
- Understand how workplace conflicts can be overcome in a positive manner.

#### Introduction

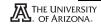
Financial distress often causes stressors that affect multiple areas of life that include, but are not limited to, one's career, personal values, and relationships. Balancing needs and wants and the financial means to provide the necessary items, acquire what is wanted, and attain personal satisfaction in a career can be a challenge. Rebecca Bloomwood identifies just how challenging this can be while attempting to be a journalist at a magazine that incorporates the positive financial practices she has yet to implement within her own life. While working at a financial magazine, the main character is working to overcome her own struggle by having to decide between a need and a want in the context of her shopping obsession that has landed her with a pile of credit card debt.

In this lesson, participants will evaluate how Rebecca makes and handles her decisions concerning her finances. A discussion of whether the financial decisions were positive or negative, how Rebecca's personal relationships were affected, and how a career choice can provide more resources than monetary amounts for an individual will occur. Participants will consider their financial decisions from the past, present, and in the future to analyze personal behavior styles influencing purchasing decisions, assess the value of material goods to them individually, and learn about the consequences of poor financial decisions resulting in adverse situations.

#### **FACILITATION**

\*Note to educator: This movie is rated PG for some mild language and thematic elements. Please review this movie in advance to decide if it is appropriate.

- 1. Ask participants to complete the *What Activities Make You Feel Good* worksheet 5.0.44.A1 prior to viewing the movie.
  - a. Allow approximately five minutes to complete the worksheet.







- b. Have participants share answers with the rest of the class.
- c. Discuss
  - i. How many had \$ signs? What activities were these?
  - ii. How many had ♥ signs? What activities were these?
  - iii. How many had both? What activities were these?
  - iv. What does this say about money?
  - v. Is money needed for all things or all activities listed on the worksheet?
  - vi. Are the things on your list wants or needs?
  - vii. Do you participate in this activity as much as you would like?
  - viii. When do you want to do this activity again?
- 2. Tell participants they will be watching a movie to learn about risky financial behaviors which may result in financial stress which can affect all areas of life including but not limited to financial security, career opportunities, individual happiness, relationships, and have a long-term impact on future opportunities.
- 3. Hand out *Confessions of a Shopaholic* worksheet 5.0.44.A2 for participants to complete while watching the movie.
- 4. Have participants watch "Confessions of a Shopaholic" movie.

#### CONCLUSION

Ask participants to brainstorm a list of all of the financial mishaps that are addressed within the movie. Discuss what behaviors caused each occurrence to happen, the consequences, and potential long-term impact.

Or

Discuss the short answer questions that participants completed for their *Confessions of a Shopaholic* worksheet 5.0.44.A2

#### Assessment

In small groups, have participants accomplish the goals that are listed on *Magazine Creation* worksheet 5.0.44.A4. Following the creation of their magazine, have them write a news article that will be featured in their magazine based upon the content learned throughout the movie about Rebecca's financial struggles. The *Magazine Article Creation* rubric 5.0.44.B1 should be used for grading this assignment.

\*Note to educator: Once the magazine cover and/or articles are created, consider displaying them in the school or community newspaper, a bulletin board, or other public area for individuals outside of your classroom to learn more about financial education.

Or

Have participants complete the *Confessions of a Shopaholic Review* worksheet 5.0.44.A3 to emphasize some of the key concepts addressed throughout the movie.

#### **MATERIALS**

What Activities Make You Feel Good worksheet - 5.0.44.A1

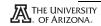
Confessions of a Shopaholic worksheet – 5.0.44.A2

Confessions of a Shopaholic Review worksheet – 5.0.44.A3

Magazine Creation worksheet - 5.0.44.A4

Magazine Article Creation rubric – 5.0.44.B1

Confessions of a Shopaholic movie







#### RESOURCES

This movie can be purchased for approximately \$10.00 - \$15.00

Other FEFE Units that will supplement this movie include:

Career Development 1.0

Consumer Decisions 2.0

Consumer Protection 3.0

Credit 4.0

Decision Making 5.0

Depository Institutions 7.0

Housing 9.0

Introduction to Finance 11.0

Paychecks & Taxes 13.0

Savings 14.0

Spending Plans 15.0

Values, Needs vs. Wants, and Goal Setting 17.0





# What Activities Make You Feel Good

Original Source: Jerry Mason, National Association of Insurance and Financial Advisors, Author of Financial Fitness for Life

		Name
	Total Points Earned	
10	Total Points Possible	Date
	Percentage	
		Class

Directions: List ten activities that you enjoy doing. Then, place a dollar sign by those activities that cost  $$10^{00}$  or more and a heart by the activities that you enjoy doing with someone else that cost no money. Place both a \$ and a ♥ for those activities that both cost money and are more enjoyable when done with someone else. Finally, list the date when you last did each activity.

\$ = ACTIVITIES THAT COST

 $$10^{00}$  OR MORE, ♥ = ACTIVITIES YOU ENJOY ACTIVITY DOING WITH SOMEONE ELSE THAT COST NO MONEY,

**DATE YOU** LAST DID ACTIVITY OR BOTH A \$ AND A ♥

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.



# CONFESSIONS OF A SHOPAHOLIC

		Nam	ne
	Total Points Earned		
30	Total Points Possible	Dat	te
	Percentage		
		Clas	SS
Direc	tions: Complete the followin	g questions while watching the movie "Confessions of	a Shopaholic."
1.		he indicates there is a difference between adult prices and when she is discussing this topic? (1 point)	nd mom prices. What
2.	Explain what Rebecca mea	ent by adult prices vs. mom prices. (2 points)	
	<b>tions:</b> Match the following son r next to the statement. (Each	tatements with the correct answers on the left by placin question is worth 1 point)	ng the letter of the correct
3.	Rebecca starts	the movie by admitting she has how many credit	A. 12
			B. Allette
4.	Rebecca has th	ne dream of working for this magazine.	C. C C. 1 C
5.	Rebecca accep	ts a job working for this magazine while trying to	C. Successful Savings
٠,	obtain her dream job.	to a job working for this magazine wine trying to	D. 2
6.	Rebecca must ways before she could pure	pay for her green scarf in how many different chase it?	
	tions: The following question plete sentences. (Each question	ns are to be answered with a short answer. Please answ is worth 3 points)	er the following questions
7.	Rebecca and her roommat	e avoid answering a phone call from a particular gentler	nan. Why do they do this?
8.	Indicate three times in the	movie where Rebecca may get her needs and her wants	s confused.



9.	Would you consider the magazine that Rebecca decides to apply to be a journalist for a good fit for her? Why or why not?
10.	The receptionist at the magazine corporation indicates to Rebecca that there is a yellow brick wall. What does this mean to her?
	rections: Please indicate if you feel that the following statements are true or false by indicating a T or an F on line. If the statement is false, please explain why.
11.	Rebecca made a good first impression during her interview with <i>Successful Saving</i> magazine.
12.	By the end of the movie, Rebecca learned strategies to help get her on track financially.
Directi	ons: Using complete sentences please complete the following short answer questions. (Each question is worth 3
13.	Luke announces to his boss that he was hired to create a product that sells, not sell a product. What does this mean to you?
14.	Why do you feel that Rebecca turns down her dream job at <i>Allette</i> magazine?
15.	Identify three ways that Rebecca attempts to make situations better among those individuals she hurt.



# CONFESSIONS OF A SHOPAHOLIC REVIEW

		Name		
48	Total Points Earned  Total Points Possible	Date		
	Percentage			
		Class		
Use	rsonal Finance Confessions of e complete sentences and examp y the number of questions indic	ples from the movie when writing your responses to these questions. Please choose		
	<ul> <li>Section 1: (Choose 2 questions, 6 points each)</li> <li>Describe how Rebecca's spending at the start of the movie reflected each of the following: needs, wants, values, and goals.</li> </ul>			
2.	Choose three examples of how relationships and career.	Rebecca's spending decisions and money management caused disruption to her		
3.	Compare and contrast Luke's a	and Rebecca's shopping styles.		
4.	What steps did Rebecca take t	o try to change her spending behavior?		
5.	Provide three examples of how	Rebecca allows other people to influence her spending decisions.		
6.	Describe the difference betwee	en cost and worth.		



#### Section 2: (Choose 2 questions, 9 points each)

- 1. Rebecca made many decisions related to her finances in this movie. Choose two that you consider to be wise decisions and two that were unwise. Explain in four sentences or more, why you consider these to be positive or negative decisions.
- 2. Rebecca makes several references to her mother in relationship to her spending behaviors. Rebecca tends to have the opposite values and behaviors of her parents. Describe, in four or more sentences, one example of a behavior related to money that you have learned from your parents (or an example involving a friend and their parents)?
- 3. Rebecca and her parents are very different when it comes to spending and saving money. In four sentences or more, give your opinion on whether there is a happy medium between the two extremes, or do all people fall into one category or another?
- 4. Allette makes the comment towards the end of the movie, "What are credit cards for?" In your opinion, what are credit cards for? Use at least four sentences to describe your opinion.
- 5. Should Rebecca have taken the money when her parents offered to sell their RV? Should they have offered it? Explain your response with at least four sentences.

#### Section 3: (18 points)

Rebecca made a lot of money with her sale. While it was a great ending for a movie, do you think in real life she could sell clothing she had paid full price for in order to pay off thousands of dollars in credit card debt? Explain your reason for your response with at least four sentences.



# MAGAZINE CREATION

		Name
	Total Points Earned	
50	Total Points Possible	Date
	Percentage	[
Part :		wing steps to create a new magazine that will be distributed to help consumers s. Focus upon the credit distress that Rebecca had in the movie while creating
will in you le	clude writing an article based	rour magazine and cover, proceed to the second portion of the assignment which d upon credit. The information included in the article will be the information that e the <i>Magazine Article Creation</i> rubric 5.0.44.B1 for the guidelines for part two of
1		azine that will focuses on financial practices, primarily credit. (2 points) the title of the magazine should be creative to catch the reader's attention, orthy appropriate.
	Write the name of	f your new magazine here:
2.	•	d in the magazine this month that will address financial topics from the movie and ebecca, improve their financial decisions. (3 points)
	a	
	b	
	с	
3.		s to give a summary or overview of what will be included within the articles for decided would be featured above. (9 points)
	ь.	
	c.	
4.		lesign your magazine cover to attract the attention of consumers walking past a highlighting your key stories on the cover to make individuals want to read more.

(6 points)



## MAGAZINE ARTICLE CREATION

Date: Name:

#### Directions:

Rebecca is not alone when dealing with the financial issues that face her on a daily basis. Imagine you are called by a financial magazine, similar to the one that you created, to write a news article to provide information to the readers regarding credit from what you learned in the movie. Write a one page, typed, double-spaced, 12 pt. font with 1-inch margins informational news article on credit to be featured in a financial magazine.

- Within this article you should address at least two aspects of credit that Rebecca struggled with in the movie.
- 2. Within this article you should address at least two tools or tips that can help individuals who are in situations similar to Rebecca's.

	Exemplary - 3	Satisfactory - 2	Unsatisfactory - 1	Rating	Weight	Score
Content	News article	News article	News article		3	
	identifies two or	identifies one or	identifies no issues			
	more issues that	more issues that	that Rebecca			
	Rebecca	Rebecca	encountered and			
	encountered and	encountered and	learned about			
	learned about	learned about	during the movie.			
	during the movie.	during the movie.				
Content	The article	The article	The article		3	
	provides at least	provides at least	provides at least no			
	two tips for readers	one tip for readers	tips for readers to			
	to prevent financial	to prevent	prevent financial			
	distress similar to	financial distress	distress similar to			
	Rebecca's	similar to	Rebecca's			
		Rebecca's				
Motivation	The article grabs	The article has	The article has no		2	
Level	the audience's	little motivation,	motivation,			
	attention, engages	education, or	education, or			
	them throughout,	engagement.	engagement.			
	provides					
	educational					
	materials, and is					
	motivating.					
Grammar	Minimal amount	A fair amount (4-	Multiple (6 or		2	
and	(0-3) of errors	5) of errors	more) errors			
Punctuation	regarding grammar	regarding	regarding grammar			
	and punctuation	grammar and	and punctuation			
	within the article	punctuation	within the article.			
		within the article				
			Total Points Earned			
			Total Points Available			30
				Pe	ercentage	

